DEFY GRAVITY

FRIDAY SCHEDULE

12:00-1:30 pm

REGISTRATION

Foyer | Shawnee Foyer | Ballroom Foyer

1:30-2:30 pm

ONE SMALL STEP - OPENING SESSION

Join us, as we take one small step for our futures and learn how this Leadership Seminar will take your leadership potential to new heights. Together we can help you defy your gravity!

Salon 7-10 | Shawnee A | Vail Ballroom

2:40-3:45 pm

ADVISERS & ALUMNI SESSION

Clydesdale | Salon A | Durango

2:40-3:45 pm

BREAKOUT SESSION I

Center of the YOUniverse - Carleigh

Whether you're an astronaut getting ready for your next launch, or a college student in a leadership role in your organization, Self-reflection is a humbling, yet powerful technique that can help you improve your performance and become a better leader. This session is all about YOU and your ability to be the best leader you can be! Join me on this journey to the center of the YOUniverse!

Highland | Kansa C | Silverton

We're Not So Alienated - Shannon

On a planet as diverse as Earth, we're bound to interact with individuals different than ourselves and with people we never expected to have similarities. In this session we'll be considering how culture affects who we are and how we can become better communicators with others that do not share the same unique culture as we do. Cross-Cultural Communication is crucial to being a strong communicator, professional, and leader.

Quarter Horse | Kansa A | Telluride

Calculating the Launch - Riley

NASA physicists are sure to take into account every risk before launch to ensure a successful mission—all the way down to the exact amount of water needed for the astronauts. In this session we will learn the importance of being willing to take risks, test out a strategy for assessing and mitigating risk, and then apply these strategies to our own lives.

Morgan | Kansa D | Steamboat

DEFY GRAVITY

FRIDAY SCHEDULE

Time and Space - Taylor/Zach
"Time and space are modes by which we think and not conditions in which we live." - Albert Einstein Feeling like you need more time in the day? Join this session to explore how leaders should approach the modern challenges of time management and self-organization.
Mustang Kansa B Breckenridge

3:55-5:00 pm

BREAKOUT SESSION II

Center of the YOUniverse - Carleigh
Highland Kansa C Silverton

We're Not So Alienated - Shannon
Quarter Horse Kansa A Telluride

Calculating the Launch - Riley
Morgan Kansa D Steamboat

Time and Space - Zach/Taylor
Mustang Kansa B Breckenridge

5:10-6:00 pm

HIGH STAKES DECISION MAKING
Develop a stronger understanding of your organization's risk management policies through a hands on learning session.
Salon 7-10 Shawnee A Vail Ballroom

6:00-6:10 pm

NETWORKING OPPORTUNITY
Meet with Corporate Partners, alumni, Advisers and collegiate members in an informal meet and greet.
Foyer Shawnee Foyer Ballroom Foyer

6:15-7:30 pm

DINNER
Come meet your biggest supporters. Enjoy dinner with alumni, Corporate Partners and collegiate members.
Salon 6 Shawnee B Salon B

7:30-9:30 pm

MISSION CONTROL TO LAUNCH
In this fast-paced activity, learn from peers and experts to share ideas that will take your chapter and personal strengths to a new level!
Salon 7-10 Shawnee A Vail Ballroom

DEFY GRAVITY

SATURDAY SCHEDULE

8:00-9:30 am

BLAST OFF - BREAKFAST

Boost your creativity through an interactive and competitive teambuilding exercise with those around you!

Salon 6 Shawnee B Salon B

9:45-10:35 am

BREAKOUT SESSION III

It's All Systems Go on Project EQ - Carleigh

Do you ever feel bound by the gravity of your emotions? Tethered to your own gravitational pull? Me too. In this session it is all systems go as we learn the ins and outs of emotional intelligence and their importance in leadership. Join me as we launch project EQ and breakthrough our emotional atmospheres.

Highland Kansa C Silverton

"Mission Control... We Have a Problem" - Shannon

Picture this, you're in space with your team and you can't come to terms with which route is best to make it back to Earth's atmosphere. What are you going to do? Try to slam a door with no gravity to actually make it slam? Argue? In this session, you will consider the way conflict management really impacts you, your team, and your organization. You will learn about your personality and the way it contributes to your conflict management style. Join this session and reduce your risk for calling Mission Control about a problem.

Quarter Horse Kansa A Telluride

Thinking Out of This World - Riley

In order to do what had never been done before, NASA scientists had to be innovative and think outside of the box. When it comes to leading our chapters, we also need to be innovative, proactive, and ready to solve challenging issues we may encounter along the journey.

Morgan Kansa D Steamboat

DEFY GRAVITY

SATURDAY SCHEDULE

Inspiring Stars to Shine Brighter - Taylor/Zach
Each star in outer space is slightly different – Making our galaxy an extremely diverse yet beautiful scene! Through coaching and empowering others, you can inspire stars on your team to shine even brighter. In this session you will learn skills and strategies to become a great coach. Through empowering and motivating others around you, we will create an even brighter galaxy.
Mustang Kansa B Breckenridge

10:45-11:35 am

BREAKOUT SESSION IV

It's All Systems Go on Project EQ - Carleigh
Highland Kansa C Silverton

"Mission Control... We Have a Problem" - Shannon
Quarter Horse Kansa A Telluride

Thinking Out of This World - Riley
Morgan Kansa D Steamboat

Inspiring Stars to Shine Brighter - Zach/Taylor
Mustang Kansa B Breckenridge

11:45-1:15 pm

AWARDS LUNCHEON

Presentation of the AGR Grand President's Award and Sigma Alpha Spirit of Ruth Award.
Salon 6 Shawnee B Salon B

1:30-2:30 pm

AGR/SIGMA ALPHA SPECIAL SESSIONS

Salon 7-10 Shawnee A Vail Ballroom
Highland Kansa A Breckenridge

2:45-3:45 pm

POLISHING YOUR SPACE SKILLS

You've acquired all the tools for a successful launch. Now we'll focus on your individuals "Leaps" from other sessions and turn them into a plan of action to take back home.
Shannon - Quarter Horse Kansa A Telluride
Taylor - Mustang Kansa B Breckenridge
Carleigh - Highland Kansa C Silverton
Riley - Morgan Kansa D Steamboat

3:50-4:30 pm

PREPARE FOR LANDING - CLOSING SESSION

During this Seminar we have focused on you. You have taken 'Leaps' to improve your leadership skills. Now we are shifting focus from developing your leadership skills to applying them to your chapter and creating an action plan to defy gravities when you land at home.
Salon 7-10 Shawnee A Vail Ballroom